

# Curriculum Vitae

Ian Patrick Allen D.C.

I will deliver the highest quality of care with the goal of impacting as many lives as possible. I am constantly expanding my knowledge in the medical world, as well as continually coordinating care in a multi-disciplinary approach in order to achieve the best outcomes.

## **Contact:**

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## **Education:**

Doctorate of Chiropractic  
Palmer College of Chiropractic  
February 2009

## Honors, Awards

Magna Cum Laude, National Scholar at Palmer College of Chiropractic

Bachelor of Science, Biology  
The Pennsylvania State University  
December 2004

## Honors, awards

Dean's list

High School Degree  
Wallenpaupack Area High School  
June 2000

## **Employment Experience:**

*Clinical Lead Chiropractic Physician*

*Healthbridge Elkins Park*

*January 2022-Current*

- Responsible for daily operations, staff management, and patient rehabilitation for various work-related, motor-vehicle related, and personal injuries.
- Post surgical rehabilitation direction of care
- Coordinated care in office collaboration with Dr. Qu M.D. Pain Management for cases and Dr. Eric Bontempo D.O. Orthopedic Surgeon evaluations for cases.

- Coordinate weekly leadership and staff meetings, to encourage staff development, growth strategy and marketing planning.
- MRI, EMG, and various other study referrals for coordinated case management.

*Clinical Rehabilitation Director*

*Orthopedic and Wellness Center of Philadelphia*

*August 2020-Current*

- Responsible for daily operations, staff management, and patient rehabilitation for various work-related, motor-vehicle related, and personal injuries.
- Post surgical rehabilitation direction of care
- Vestibular rehabilitation; closed head trauma
- Telemedicine rehabilitation
- Coordinated care in collaboration with Dr. Grossinger M.D., Pain Management and Dr. Eric Bontempo D.O. Orthopedic Surgeon evaluations and procedures in office.
- Coordinated weekly leadership and staff meetings, to encourage staff development, growth strategy and marketing planning.
- MRI, EMG, and various other study referrals for coordinated case management.

*Associate Chiropractor*

*Academy Health center*

*June 2019- August 2020*

- Responsible for daily operations, staff management, and patient care when the senior doctor is absent.
- In collaboration with Dr. Leonard Bruno M.D., pain management and Dr. Leonard Salkind Huntingdon Valley Neurological surgery, for complex case co-management and referral.
- Collaborated with upper level management to create, improve and expand office procedures, created surveys, office forms, data collecting spreadsheets, and various electronic documentation improvements.
- Coordinated weekly leadership and staff meetings, to encourage staff development, growth strategy and marketing planning.
- One on one physical therapy training with patients; responsible for the instruction, monitoring and critiquing form of exercises to develop strength, improve function and decrease pain in supplementation with chiropractic manipulation.
- Delivered virtual Q/A's for patients on facebook during the coronavirus pandemic.
- Participated in numerous charity events with helping hands of the north east; yearly turkey drive that feeds over 500 families, prom drive to give dresses to underserved members of the community, and a christmas drive.

*Associate Chiropractor*

*Greco Family Chiropractic*

*October 2014- June 2019*

- Responsible for daily operations, staff management, and patient care when the senior doctor is absent.
- Spinal screenings to capture future patient engagement

- Gave lunch and learns periodically to bolster relationships with other health professionals, schools, and other community related organizations.
- Performed depositions for work and personal injury clients with Stark and Stark Law. Still currently in high favor with the firm.
- Kinesiotaping/strapping

*Owner and Chiropractor*

*Advanced Chiropractic of Pottstown*

*July 2009- October 2014*

- Opened a clinic utilizing learned startup procedures, demographic analysis, financial planning strategies
- Responsible for daily operations, staff management, marketing procedures, submitting insurance claims and ensuring the highest level of customer satisfaction.
- Utilized yelp, facebook and google systems to gain exposure to existing and future patients.

*Graduate level Anatomy lab instructor*

*Palmer College of Chiropractic*

*October 2006- October 2008*

- Responsible for instructing students on the various structures of human anatomy on cadavers and testing them on the material.

*Undergraduate level Mammalian physiology lab instructor*

*The Pennsylvania State University*

*September 2003- May 2004*

- Responsible for classroom and lab instruction for students on the various functions of human physiology, lab instruction, and testing them on the material.

**Certifications/techniques:**

Nationally board certified in chiropractic medicine.

Nationally board certified in physical therapy, adjunctive procedures.

Board certified panel doctor for comcast

Pediatric and Obstetric Certification in progress through the ICPA

Diversified technique

Gonstead technique

Palmer upper cervical

Thompson Technique

Manual Therapies

Extremity techniques

Cox flexion

Arthrostim/activator proficient

Webster technique expected 2020

Kinesiotaping/strapping

**Professional Organizations:**

American Chiropractic Association member  
Tri-county Chamber of Commerce member since 2010  
World Congress of Chiropractic member  
ICPA member

**Personal Interests:**

Playing flag football  
Playing chess  
Creating 3d model trains for a computer train simulator.

**References available on request**