# NIRAV S. PATEL

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## PROFILE

Dedicated and motivated Chiropractic Physician with over 15 years of professional experience in the Philadelphia area, both as a staff physician and owner/operator of two independent practices. Skilled in evaluating the functioning of the neuromuscular-skeletal system and spine using systems of Chiropractic diagnosis, and in the use of diversified chiropractic manipulative therapy, Cox flexion-distraction techniques, ART, myofascial release, cold laser, modalities and Graston Technique. Recognized by patients in the community as TOP DOC in 2015 by Philadelphia Life and Suburban Life Magazines.

#### EXPERIENCE

### CHIROPRACTIC PHYSICIAN, HEALTHBRIDGE CHIROPRACTIC; PHILADELPHIA, PA 2016- PRESENT

- Multi-disciplinary practice serving the community with a large personal injury, MVA and workman's compensation base, and a small health insurance and cash based clientele.
- Developed and maintained professional relationships in Philadelphia, Delaware and Chester Counties to help drive direct referrals.
- Collaborated closely with primary care physicians, pain management specialists, surgeons, and other specialists to ensure successful patient outcomes and compliance.
- Provided expert opinions regularly in order to help render evidence based decisions by way of detailed reports, testimony and court depositions.

#### CHIROPRACTIC PHYSICIAN, ALIGNED MEDICAL GROUP, PC; PAOLI, PA – 2014-2016

- Full time Chiropractic Physician in a high volume integrated office with Chiropractic, Rehabilitative Exercise, Medical Services, Synergy Medical Weight Loss and Massage Therapy.
- Responsible for developing and implementing detailed care plans for clients, including both adults and children with special needs, in coordination with rehab team daily.
- Collaborated closely with primary care physicians, pain management specialists and surgeons to ensure successful patient outcomes and compliance.
- Acted as the point person responsible for developing and marketing the practice's personal injury base.
- Provided expert opinions regularly in order to help render favorable decisions by way of detailed reports, testimony and court depositions.
- Coordinated and led team rounding meetings.
- Represented practice in Community Events annually.
- High patient retention and compliance rate

#### OWNER, HORIZON MEDICAL CENTER; UPPER DARBY, PA - 2006-2014

- Multi-disciplinary practice serving the community with a large private health insurance, personal injury, MVA and workman's compensation base.
- Developed and maintained professional relationships in Philadelphia, Delaware and Chester Counties to help drive direct referrals.
- Restructured practice including transitioning from paper to electronic medical records.
- Management of large team including two Chiropractors, one Physician, one Massage Therapist and Administrative staff while leading daily patient.
- Community outreach via health education seminars and service

- Participation in depositions and court appearances as needed to assist legal team
- Developed practice-specific patient care documentation packets streamlining communication of patient care needs from initial evaluation to discharge with legal team.

OWNER, FRAZER FAMILY CHIROPRACTIC & WELLNESS; FRAZER, PA. - 2003-2013

- Solo-practitioner evaluating and implementing functional interventions for a primarily private health insurance and cash practice base.
- Self start up with extensive community outreach and professional marketing in Chester County area.
- Counseled patients in areas including general wellness, posture, nutrition, sleep habits and stress management.
- Advised patients in goals of Chiropractic and recommended/implemented appropriate courses of care.
- Responsible for manual and electronic processing of patient claims.
- Collaboration with local vendors for patient DME needs including bracing and orthotics.

## INDEPENDENT SERVICES

- Provide Independent Medical Exams for third party carriers including completion of detailed report of findings
- Mediation support by way of non-biased reports and educated assistance to Judge Joseph A. Stokes
- Panel doctor for multiple institutions in Philadelphia, Chester and Delaware Counties
- Serve as expert medical witness in depositions and court room appearances as needed

# EDUCATION

Doctorate in Chiropractic (D.C.) - New York Chiropractic College 2002 Bachelor of Science in Biology (B.S.) - Widener University 1998

## CERTIFICATIONS AND ACCOMPLISHMENTS

Graston Technique Webster Technique Certification in Treatment of Pregnant Women & Infants TPI Level 1 Certification - anticipated 10/2016 TOP DOC 2015 Philadelphia Life TOP DOC 2015 Suburban Life